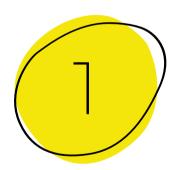


Transforming Behavior Coaching Week



Map YOUR Child's Profile & Needs

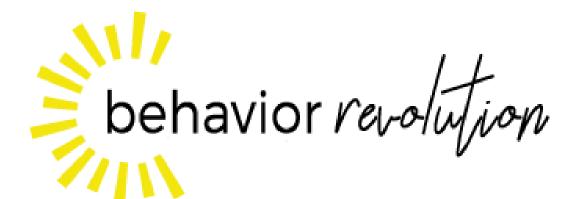
By the end of this session, you'll have a map of your child's specific strengths and weaknesses. Finally, you'll be able to effectively address challenges using YOUR child's profile to guide you. No more trying to figure out how to implement what you learn to get results with your child.

YOUR CHILD'S PROFILE

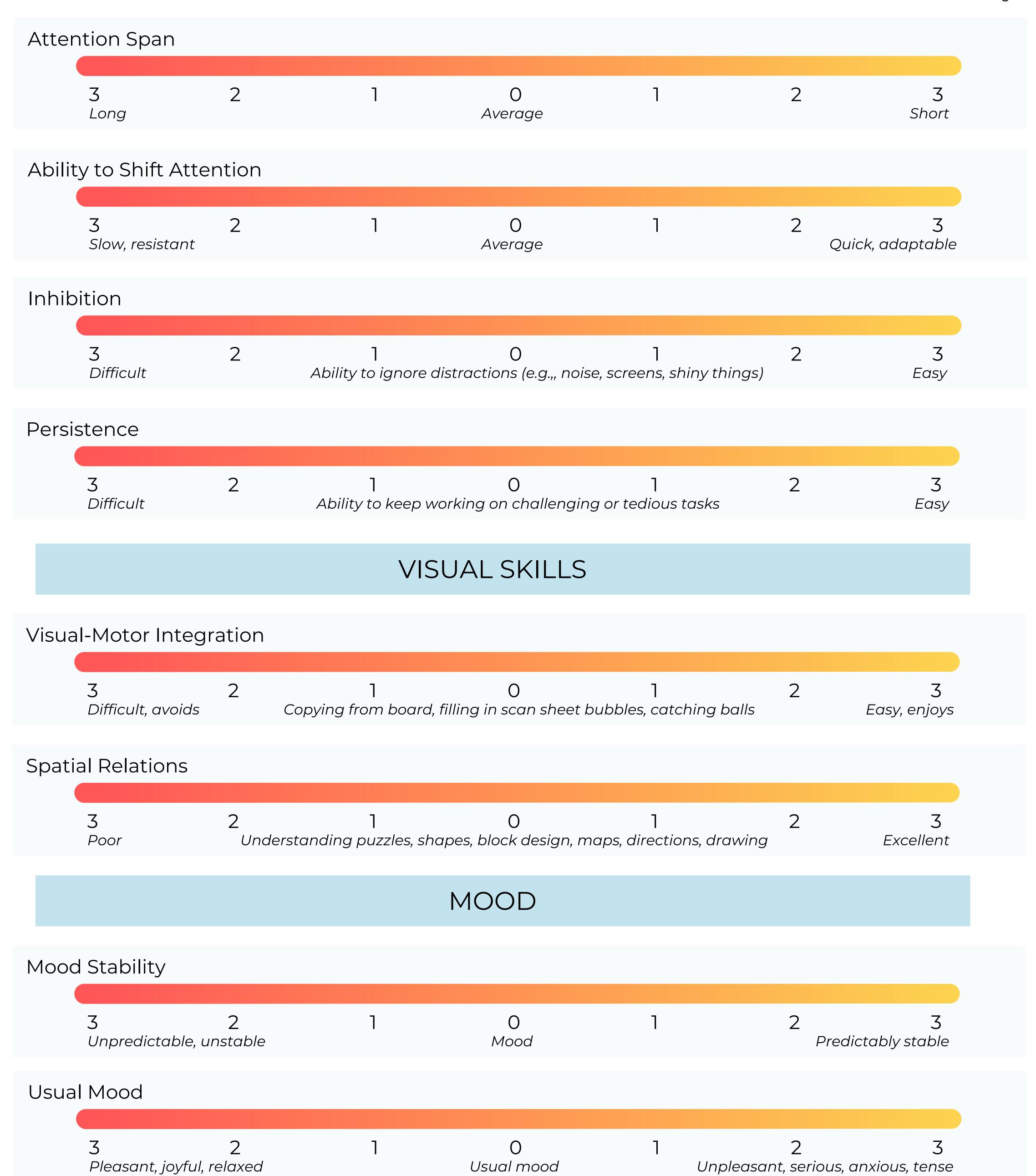
The scan

Your Name/Initials:				Age				
Other Person's Name/Initials:				Age				
		•						
Please put initials for each person next to the m	iost appropria t num	iber.						
Motor Activity Level								
3 2 High activity	7	0 Average	1	2	3 Low activity			
Regularity								
3 2 Low regularity, unpredictable	1	0 Average	1	2 High regularit	3 ty, predictable			
Initial Reaction								
3 Slow to warm-up	7	0 Average	7	2 Quic	3 k to Warm-up			
Adaptability								
3 Very inflexible] Ability to devi	0 iate from rules/routine] s/expectations	2	3 Very flexible			
Situational Awareness and Sh	nift							
3 2 Unaware, refuses to change] Adjusts pl	0 an based on changing] g situation	2 Notices, imple	3 ements changes			
Ability to Tolerate Ambiguity								
3 Big problem] Unpredictable,	0 ambiguous, uncertair] or novel situatio	2 ns	3 No problem			
Intensity of Reaction								
3 Reserved, passive	1	0 Average	1	2	3 Dramatic			





Date

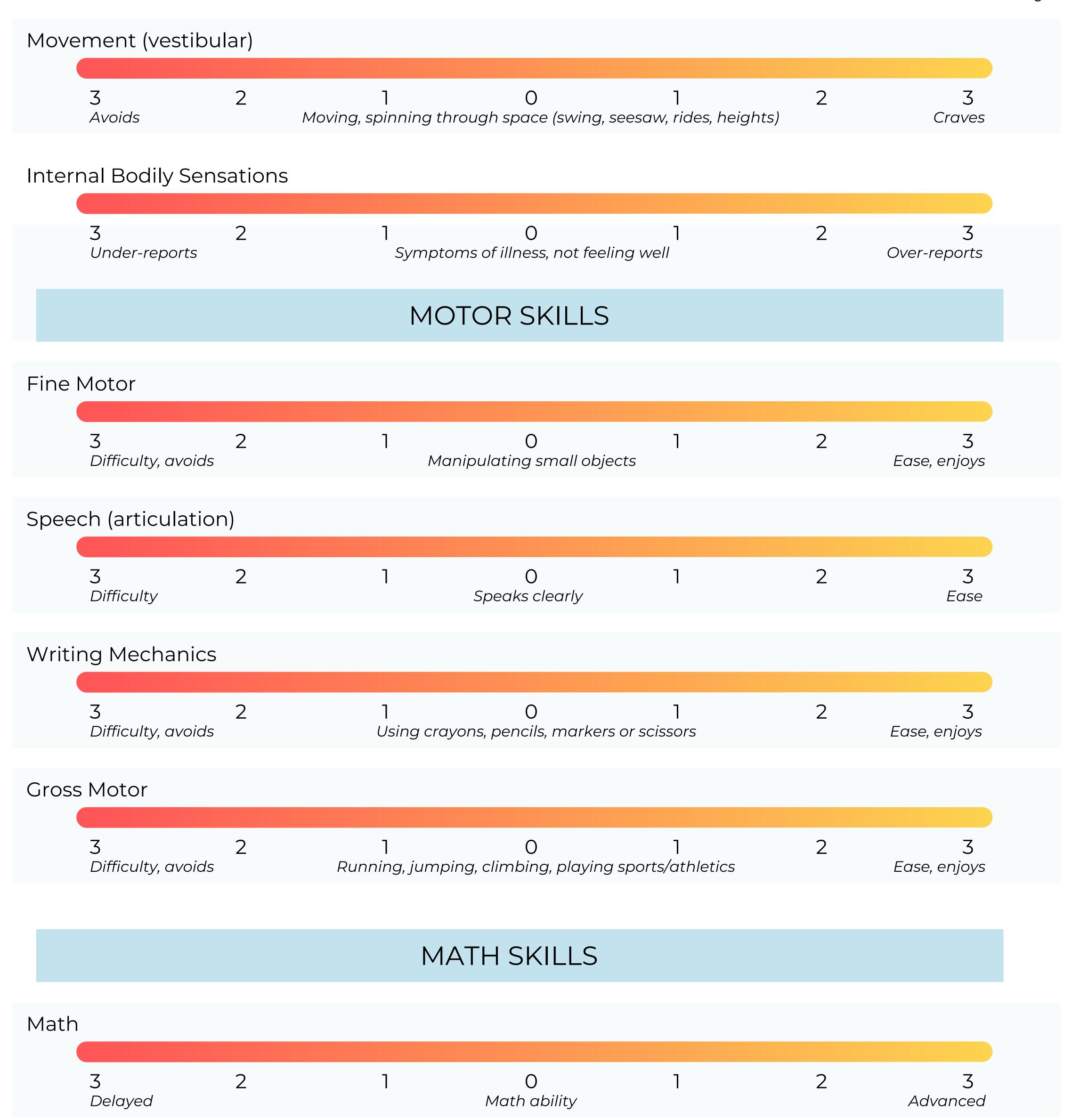




SENSORY Hearing Speech Tunes-out people talking Tunes-in to talking Average Hearing Noise Quickly Notices sounds, noises Slowly Vision Quick to notice Visual stimuli Slow to notice Light Sensitivity Sensitive to light levels Not at all Extremely Taste Quickly Notices small changes in foods, hidden tastes Slowly Texture Reaction to certain textures (e.g., gummy, slimy, crunchy) None Strong Smell Quickly Notices an odor Slowly Light Touch Sensitive to light touch, tickling Not at all Extremely Deep Touch Avoids, dislikes (e.g., a big hug, wrestling, banging into things) Seeks, likes









AUDITORY LANGUAGE SKILLS Spoken Language Expression Difficulty Putting thoughts, needs, concerns into words Ease Understanding Speech Understanding what is being said Difficulty Ease WRITTEN LANGUAGE SKILLS Written Expression Difficulty Putting thoughts onto paper Ease Understanding Written Language Delayed Reading skills Advanced MEMORY Working Memory With difficulty Holds multiple ideas in mind simultaneously Easily PROCESSING SPEED Processing Speed Very Slow Time to answer complex questions Quick



EXECUTIVE FUNCTIONING Time Awareness Poor, inaccurate Sense of time Excellent, accurate Planning Planning ahead / breaking task into small steps Difficulty Ease Sequencing Difficulty Do things in proper order Prioritizing Difficulty Able to rank needs or tasks Ease Organization Difficulty Able to rank needs or tasks Ease Initiate Difficulty Starts tasks Ease Pacing Difficulty Adjusts rate of work to meet deadlines Ease Self-monitoring Difficulty Able to assess performance and progress toward goal Ease Completion



Reaches goals set by self or others



3

Difficulty

Ease

RELATIONS WITH PEOPLE Awareness of Social Impact Oblivious Awareness of how others are responding Very aware Awareness of Others Very self-absorbed Very tuned into other people Awareness of others Self-Awareness Awareness of own emotional life Undeveloped Social Skills With difficulty, rejected Easily, popular Makes friends, starts conversations, connects with others Interpretation of Motives of Others Frequently misunderstands Empathetic, astute Attention Seeking Methods to get the attention of others Inappropriate Appropriate FEELINGS ABOUT SELF Self-Esteem No confidence, doubts abilities Self-assured, confident Self-Care Poor hygiene, doesn't attend to basic needs Does chores, good hygiene, attends to needs



Self-Regulation Unable to adapt to demands of society Able to determine and adhere to society's requirements GENERAL CONTENTMENT (ALSO SEE MOOD SECTION) Thoughts Irrational fears, obsessions Able to control thoughts Physiological Functioning Dysfunction (e.g., sleep disorders, recurrent pain) No unusual or inexplicable issues ADAPTIVE OR COPING STYLE Concrete Thinking Literal black & white thinking Sees shades of gray, understands nuances Fluency Cannot generate alternative approaches Easily generates many alternatives Originality of Thoughts Highly original and unusual Mundane, ordinary Elaboration of Basic Idea Embellishes, enhances, and enriches Unable to add details Impulsivity Acts before thinking Thinks before acting



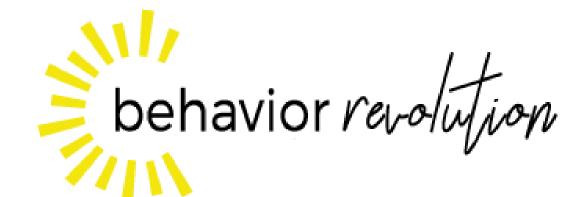
Response to F	-rustration					
3 Loses abi	2 lity to think clearly] Able to reg	O gulate and modulate] e responses	2 Rational w	3 hen in crisis
Cognitive Bias	S					
3	2	1	0	1	2	3
	te (distorted, biased) e is out to get me", "I'm s	Outcomes attributed to reasons that are tupid"			(unbiase "I made an hon	ed) Accurate nest mistake"

OTHER FAMILY, ENVIRONMENTAL, OR LIFE STRESSES (EXPERIENCED BY CHILD)

Circle best answer according to current impact:

0= no problem; 1=little; 2=medium; 3=big problem

)	1	2	3	Death of parent
0	1	2	3	Death of other family member
0	1	2	3	Death of pet
0	1	2	3	Substance abusing parent(s)
0	1	2	3	Physical or sexual abuse of family member
0	1	2	3	Mental or behavioral disorder of parent or sibling
0	1	2	3	Physical illness of parent or sibling
0	1	2	3	Addition of a sibling
0	1	2	3	Physical separation from primary caregiver
0	1	2	3	Marital discord
0	1	2	3	Separation/ divorce
C	1	2	3	Parent dating
C	1	2	3	Re-marriage
C	1	2	3	Blended family
C	1	2	3	Domestic violence
C	1	2	3	Change in primary caregiver
C	1	2	3	Primary caregiver does not speak language of the community
C	1	2	3	Parent or family member with crime problem
C	1	2	3	Parent underemployed
C	1	2	3	Parent working long hours outside the home
C	1	2	3	Lack of support from extended family
C	1	2	3	Taboo subjects (e.g., money, certain behaviors, family relationships)
C	1	2	3	Illiteracy of parent



)	1	2	3	Physical or sexual abuse
)	1	2	3	Neglect
)	1	2	3	Physical changes (e.g., weight loss or gain, acne, puberty, et.)
)	1	2	3	Foster care / institutional care
)	1	2	3	Adoption
)	1	2	3	Witness to violence
)	1	2	3	Chronic, long term, or undiagnosed illness
)	1	2	3	Disability (diagnosed or undiagnosed) (list:)
)	1	2	3	Unusual interests and/or different ways of thinking
)	1	2	3	Performance anxiety (sports, music, pleasing parents, etc.)
)	1	2	3	Not enough free time

PEER RELATIONSHIP STRESSES

0	1	2	3	Discord with peers (e.g., bullying, exclusion, etc.)
0	1	2	3	No peers with shared interests
0	1	2	3	Loss of a good friend
0	1	2	3	Social media stress

0 1 2 3 Worry about friends who are struggling

COMMUNITY STRESSES

0	1	2	3	Adjustment to a new and different culture
				Adjustificite to a fiew and unferent culture

0 1 2 3 Social discrimination or isolation of family from community

0 1 2 3 Religious or spiritual problem

EDUCATIONAL STRESSES

0	1	2	3	Inadequate school facilities
0	1	2	3	New school and/or new teacher (circle)
0	1	2	3	Does not get along with teacher(s)
0	1	2	3	Does not get along with classmates
0	1	2	3	Unexpected change to teacher or classroom (circle)
0	1	2	3	Poor academic performance (Which class(es)?)
0	1	2	3	Too much schoolwork
0	1	2	3	Too much homework
0	1	2	3	Undiagnosed/unrecognized/unsupported disability

INADEQUATE RESOURCES

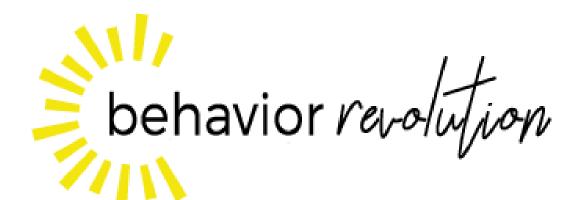
0	1	2	3	Food insecurity/lack of adequate nutrition
0	1	2	3	Homelessness or uncertain housing
0	1	2	3	Financial instability
0	1	2	3	Lack of adequate health care

ENVIRONMENTAL STRESSES

0	1	2	3	Unsafe neighborhood
0	1	2	3	New school
0	1	2	3	Long trip (e.g., vacation)
0	1	2	3	Big celebration (birthdays, communion, bar/bat mitzvahs, weddings, etc.)
0	1	2	3	Unexpected changes (unannounced change in plans, teacher, etc.)
0	1	2	3	Uncertainty (not knowing what will happen)
0	1	2	3	Dealing with relatives
0	1	2	3	Exposure to upsetting news stories
0	1	2	3	Natural disaster

PROBLEMS WITH PHYSICAL HEALTH

Hospitalization(s)/ surgery:



Significant medical problems/illnesses/serious injuries/disorders:	
Allergies (food, drug, environmental):	



Possible Areas of Passion/Loathing

ARTS

Music:	Hates	Okay	Loves
type			
Visual Arts:	Hates	Okay	Loves
type			
Graphic Arts:	Hates	Okay	Loves
type			
Drama:	Hates	Okay	Loves
type			
Crafts:	Hates	Okay	Loves
type			•
Dance:	Hates	Okay	Loves
Cuantina Muitina			1
Creative Writing:	Hates	Okay	Loves
Othor	Llatas	O(x)	
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves
		•	
Other:	Hates	Okay	Loves

SCIENCE, TECHNOLOGY, MATH

Math Facts:	Hates	Okay	Loves
memorizing			
Mathematics:	Hates	Okay	Loves
area			
Science:	Hates	Okay	Loves
area			
Engineering:	Hates	Okay	Loves
area			
Computer Science:	Hates	Okay	Loves
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves



LIBERAL ARTS

Literature:	Hates	Okay	Loves
type			
History:	Hates	Okay	Loves
area			_
Languages:	Hates	Okay	Loves
which ones?			•
Social Sciences:	Hates	Okay	Loves
Distribution	Llatac	O(x)	Loves
Philosophy:	Hates	Okay	Loves
Political Science:	Hates	Okay	Loves
area		Okay	
Religion:	Hates	Okay	Loves
which one?			
Government:	Hates	Okay	Loves
area			
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves

OTHER EXTRACURRICULARS

Participating in sports:		Hates	Okay	Loves
	type			
Watching sports:		Hates	Okay	Loves
	type			
Other physical activity: _		Hates	Okay	Loves
	type			
Video Games:		Hates	Okay	Loves
	type			
Watching TV:		Hates	Okay	Loves
	type			
Watching movies:		Hates	Okay	Loves
	type			
Computer:		Hates	Okay	Loves
	type			
Listening to music:		Hates	Okay	Loves
	type			



Dooding	Hates	Okay	Lovos
Reading: what?		Okay	Loves
Cooking:	Hates	Okay	Loves
type Cards:	Hates	Okay	Loves
type Going out with friends:	Hates	Okay	Loves
where? Club:	Hates	Okay	Loves
topic Journalism:	Hates	Okay	Loves
Robotics:	Hates	Okay	Loves
Other:	Hates	Okay	Loves
Other:	Hates	Okay	Loves



Hey there,

overwhelmed, exhausted, and frustrated parent.

We'll help you transform into an intentional, calm parent with the clarity to successfully help your child thrive.

Here's how completing the entire Behavior Revolution Program can change your life... You'll learn how to alleviate the morning frenzy, stop meltdowns before they start, help your child get things done, and so much more using our Crisis to Clarity Blueprint™.

These are the changes you'll experience in your child:

- Better emotional management and fewer meltdowns
- More listening and flexibility with less arguing and defiance
- Improved self-regulation and greater independence

• Genuine parent-child connection and enjoyable time together

