

# Transforming Behavior Summit

FEBRUARY 23-25, 2024

At 9 am EST US each day, that day's sessions are released to watch free for 24 hours.



## 23 Tackling Tough Situations

- **How to Be a Neuro-Affirming Parent or Teacher** Emily Kircher-Morris, M.A., M.Ed., LPC
- **What to Do When a Child is Dysregulated: Flight, Flight, Freeze & Shutdown** Emily Read Daniels, M.Ed., MBA, NCC, SEP™
- **How to Help Kids Through Big Emotions** Emily King, Ph.D.
- **How to Get to the Bottom of Motivation Struggles** Leslie Josel
- **What to Do When Your Child/Student is Aggressive** Sharon Saline, Psy.D.
- **How to Handle Lying: It's Not the Moral Failing We Think It Is** Dayna Abraham
- **What to Do Before, During, and After a Meltdown** Sarah Wayland, Ph.D.

## 24 Building Skills & Habits

- **How to Help Kids Build Self-Awareness & Self-Regulation** Destini Ann Davis
- **How to Build Emotional Communication Skills** Elizabeth Sautter, MA, CCC-SLP
- **How to Build Grit & Resilience (Especially) in Kids Who Avoid Hard Things** John Willson, M.S., LRT/CTRS
- **Tools & Strategies to Help Kids Transition Smoother** Brent Crandal, Ph.D.
- **How to Help Kids Tackle Non-Preferred Tasks** Seth Perler, M.Ed.
- **How to Structure Calm, Efficient Routines that Work** Penny Williams

## 25 Fostering Growth & Transformation

- **How to Shift from Traditional Norms to Approaches that Actually Work** Eileen Devine, LCSW
- **How to Stop Shoulding On Yourself and Your Child** Diane Dempster, CPC, PCC, MHSA & Elaine Taylor-Klaus, CPCC, MCC
- **Setting & Holding Boundaries While Prioritizing Compassion & Acceptance** Jackie Flynn, Ed.S., LMHC-S, RPT-S
- **3 Alternatives to Compliance that Work Better** Greg Santucci, OTR/L
- **5 Ways to Build a Kids' Confidence & Self-Esteem** Matthew Zakreski, Psy.D.
- **How to Help a Kid Struggling with Burnout** Amanda Diekman